# Inner North East Committee Update report – Health and Wellbeing Oct 2018

(Maximum of one page)

## Seasonal Flu

It is that time of year again when seasonal influenza is here and time to promote the uptake of the best protection – the vaccine. The link below is for the Council's public facing webpage that has a wealth of information on the why, who and how. Leaflets and posters are available to promote uptake of the vaccine and these can be viewed and downloaded via the webpage. Leaflets and resources are also available from the Public Health Resource Centre. Please encourage uptake of the flu vaccine with service users, their families and carers and frontline staff as you feel appropriate. For more information on any of these topics please contact <a href="Mexicontextorial">Kevin.McGready@leeds.gov.uk</a> or go to <a href="https://www.leeds.gov.uk/lflu">www.leeds.gov.uk/lflu</a>

#### Winter Friends

Following on from work carried out last year an e-briefing has now been made available to support more people to become Winter Friends. Being a Winter Friend means you are equipped with knowledge, resources and signposting information to support a vulnerable person during winter. There are nine evidence based, high-impact interventions that can support vulnerable people during winter and these are covered in the Winter Friends e-briefing. You can now access the Winter Friends e-briefing on the Public Health Resource Centre Website by clicking on Winter Friends e-briefing 18/19 (please note you will need to open the file and play as a slideshow in PowerPoint). Once the e-briefing has been viewed, Winter Friends can collect a resource pack from the Public Health Resource Centre (Technorth Centre, 9 Harrogate Road Leeds LS7 3NB) to support conversations and promotion of relevant campaigns. To provide and increase support across Leeds, we would be really grateful if this information could be shared to encourage access to the resources. For more information on any of these topics please contact Rachel Brighton 2@leeds.gov.uk

# **INE Health and Wellbeing partnership**

The third INE was recently held with strong attendance from all partners working in this area. The event was used to further explore and create a terms of reference for the group and decide on methods of working. This event was also used as a popular and successful networking event so partners and agencies could explain the nature of their work and the services they offer on a one to one basis. This proved very effective as attendees linked up to swop resources such as the availability of free to use I-pads for local citizens looking to become more computer literate. For more information on any of these topics please contact Cale <a href="Cale.Shaun@leeds.gov.uk">Cale.Shaun@leeds.gov.uk</a>

## **Leeds Joint Debt Forum**

The annual Leeds Joint Debt Forum meeting took place on the 27<sup>th</sup> September at St Georges Centre. The event was opened by Councillor Judith Blake and was well attended with a range of organisations represented from across the city. The main focus of the event was Universal Credit and attendees were given the opportunity to participate in workshops to discuss the implications for the residents of Leeds. Feedback from the event will be circulated.

For more information on any of these topics please contact Joanne.Loft@leeds.gov.uk